



Changing Gender On the Job

A Microsoft executive describes her difficult decision to “transition” at work—and the unexpected benefits. by Daniel McGinn

As an up-and-coming manager at Microsoft, Michael Wallent had a reputation for being a tough boss—at times, a bit too tough. He had joined the company in 1996 and advanced quickly; by 1999 he was overseeing a team of 300 engineers who worked on developing Internet Explorer. Like Microsoft’s founder, Bill Gates, who met with Wallent to review his team’s work each quarter, Wallent focused on data and facts, not employees’ feelings, and was known for delivering withering criticism in product-review sessions. His typical comments: “This is stupid.” “This is wrong.” “This is what you need to do.” Debra Chrapaty, his former boss (who’s now at Cisco), says, “Michael was known

to be aggressive, a little bit condescending, harsh—he had an arrogant engineering mind-set.”

That’s in stark contrast to the style of Megan Wallent. She’s also one of Microsoft’s best and brightest, who as a general manager ranks among the top 1% of the company’s 89,000 employees and oversees 350 engineers developing user interfaces for server software. Her employees praise her as a boss with high emotional intelligence. She speaks softly and asks probing questions to help them find solutions on their own. “Megan is relaxed,” says Angel Calvo, a director of test engineering who’s been at Microsoft for 19 years. “She really thinks about how people are going to feel about particular decisions.”

Two bosses, two styles—but only one person. In 2007 Michael Wallent told colleagues he was transgendered, took a six-week leave to undergo breast implantation and facial feminization surgeries, and returned to Microsoft in early 2008 as Megan. “Going through the transition was tremendously complicated,” she says, but she tried to approach it like a standard business problem. “I told my managers this was going to happen and that I was going to partner with them on how to make it successful for the company.” Although her bosses were supportive, says Anh Hoang, Wallent’s wife (and a former Microsoft employee), the process was fraught with anxiety. “We knew this could be a career-limiting move for her,” Hoang says. “She’s probably one of the most senior people at any company to go through this, so she was essentially breaking new ground.”

Looking back, Wallent says that her transition from man to woman transformed her approach to management, which may ultimately help her career. “I’ve gotten better at my job,” she says, “just through being more open, honest, and transparent, and learning how to better communicate with people.”

Like many people with gender identity disorder, Michael Wallent always had a vague sense that his anatomy didn’t match up with his sense of self. But that inner

conflict stayed in the background as he studied engineering at Worcester Polytechnic Institute, married, and moved to Seattle to join Microsoft. By 2005 he’d had two children, divorced his first wife, and remarried. He’d shifted from running the Internet Explorer group to overseeing a team that helped design the look and feel of the Windows Vista operating system. In 2007, at age 38 and just two months after he and Hoang had had a child, he told her he was transgendered. A few months later—and with her support—he decided he would transition to living as a woman, and scheduled surgery for late that year.

A few months before the surgery, Wallent asked his boss for a meeting. Chrapaty had been complaining about Microsoft’s struggle to recruit and hire women, so Wallent broke the ice by saying, “Debra, I’ve decided to do something to increase the diversity of the team, and I’m starting with me.” Although Chrapaty had helped lead Microsoft’s coalition of gay, lesbian,

Gender transitions at work remain relatively rare. Jillian Weiss, a consultant and an associate professor at Ramapo College who’s studied the issue, says there are no reliable statistics, but her work suggests that companies with more than 2,000 employees located in places with tolerant populations are likely to face it at some point. Still, some transgendered employees encounter so much resistance from coworkers that they end up leaving their jobs. (That’s a particularly unfortunate outcome, since transgendered people typically have a harder time finding new work, Weiss says, in part because of their appearance.) At most companies the HR department takes charge of announcing the news to employees, usually by holding a meeting without the transitioning worker in attendance in order to encourage a frank discussion of concerns. Weiss compares the process to announcing a layoff. “If you’re going to do something that creates anxiety for people, you have

At most companies the HR department takes charge of announcing a transition to employees. Wallent rejected this approach.

bisexual, and transgendered employees, she was shocked. “I was trying to place it in the context of this superpositioned male executive who’d just come off paternity leave with his wife and baby,” she says. But after a moment of confusion, she offered her help.

Over the next few weeks, Wallent held one-on-one meetings with his dozen direct reports to let them know about his coming change. (As he did when telling his family, he started with those he expected would be most supportive and worked his way up to the harder cases.) He sent e-mails to several key Microsoft executives, including Gates and CEO Steve Ballmer, both of whom replied offering encouragement. Then he sent a message to all 100 members of his team, its unusual contents flagged with a simple subject line—“Re: Me.”

to give them information to ease their sense of anxiety,” she says.

Wallent rejected this standard approach. “It was critical for me to own the communications process,” she says, citing two reasons: First, relying on others might suggest she was ashamed of the decision, which she wasn’t. Second, she believed that brutal honesty—and a willingness to answer questions, no matter how personal—would shorten the time it took for the news to stop being watercooler gossip.

The process wasn’t entirely smooth. Gender identity disorder is classified by the DSM as a mental illness and is considered immoral by various religions. Even at a progressive employer like Microsoft, it was inevitable that some workers would be uncomfortable with Wallent’s

transition. One employee mentioned that discomfort when he resigned, though it's unclear how big a role it actually played in his decision to leave. Wallent, who'd promised to hear all employee questions, had to face some tough ones. In team meetings prior to his surgery, he was asked whether he planned to stay married (yes), whether he was attracted to men or women (women), how he intended to deal with his hairy arms (laser treatments), and which bathroom he would use upon his return to work (the ladies' room).

Although the sessions were difficult, Wallent now views them as a crucial part of her transition. "A lot of people came back to me with these incredibly personal stories about things that had happened to them that were equally transformative," she recalls. Ultimately, she thinks her new management style has little to do with the estrogen pills she takes daily. She believes that it's a by-product of those intimate conversations with her colleagues. "They really brought home the value of authentic leadership, and of letting the people on your team in to see your whole self," she says. "It makes them more comfortable in their jobs."

For employees who never knew Megan as Michael (now the majority of her team, owing to job changes and the passage of time), her transition feels like a nonevent; what they know about it comes only through secondhand observations and recollections. "I've heard she speaks with a quieter voice now," says Angie Anderson, a project unit manager who's worked for Wallent for two years. "People think she's a better manager."

But employees who worked for both Michael and Megan say they continue to notice the change. Calvo, the director of test engineering, recalls that when Michael offered feedback on prototype software, "people would leave the room paralyzed—'Wow, I almost got fired'—because of his directness, his bluntness." But, he says, "Megan has a completely different approach. She still comes to the same conclusion, but she drives people in



"The New Normal"

FROM:
MICHAEL
WALLENT

SENT: TUESDAY,
SEPTEMBER 11,
2007

TO: GFS
MANAGEABILITY
SERVICES GROUP

RE: ME

Hi, All—

I've been at Microsoft now for more than 11 years, worked with hundreds (if not thousands) of people, worked on some great stuff. I'm not usually a fan of mixing personal and work, but sometimes when personal impacts work, it has to be discussed. So...

After a lot of internal struggle and soul-searching, I've come to the conclusion that I'm transgendered. In the simplest of terms, what this means is that while I was born male in the traditional sense, this doesn't match how I feel, or how I will live the rest of my life....I'll be taking some time off after Thanksgiving, and will be living and working full-time as female after the first of the year. In the end, I am and will be the same person that I've been, but will just look a little different. So, in January, still "mwallent," just "Megan" instead of "Michael."

What does this mean for work? Well, I hope nothing. I was committed to the company before this started, and if anything, I'm even more committed now. I want to continue to contribute and make a difference. Going through this process has helped me work on things that I hope will make me grow to be a better and more valuable employee (communication, openness, dealing with change, etc.). As my wife and I say all the time, the middle is the hardest—and that's where I am right now. I hope that in January it's just "The New Normal."

So far, when I've told people what's going on, initially there's surprise (normal) and then lots of questions.... I'm happy to answer (most of) them. I strongly encourage you to ask. At this point, this news is "out," so I'm not asking anyone to keep it confidential. However, if you have questions or concerns, come by, set up time for coffee, send mail, whatever works for you. If you don't feel OK asking me, please ask Debra, Amitabh, Lisa, Val, Catherine, or Cheryl. They are all here to help as well.

Sincerely,
Michael

Wallent, who'd promised to hear all employee questions, faced some tough ones prior to his surgery—such as, did he plan to stay married?

a more emotional way. "Have you thought about this?" She's becoming more of a coach, instead of a general."

On most days, Wallent looks upon her gender transition as a closed chapter in her professional life. Still, she continues to worry about whether she'll "pass" as a woman while representing Microsoft on customer visits and whether clients who recognize her as transgendered will react badly. (So far they haven't, she says.) There are also periodic reminders of her unique status: For instance, she's still officially listed as a man for HR purposes, partly to avoid tax and legal problems.

Her worries about imperiling her career, however, seem to have been unfounded.

She is currently one level below vice president, and on the basis of her performance reviews, she thinks she's on track to eventually be promoted—perhaps faster than Michael would have been, because of her evolving leadership style. Whereas Michael relied on technical expertise as the key to his authority, Megan says her focus is people. "I want to be the type of leader that helps people achieve their full potential, and to get the most out of them every day," she says. "That's been part of my transition—learning how to lead from the people." ♥

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